



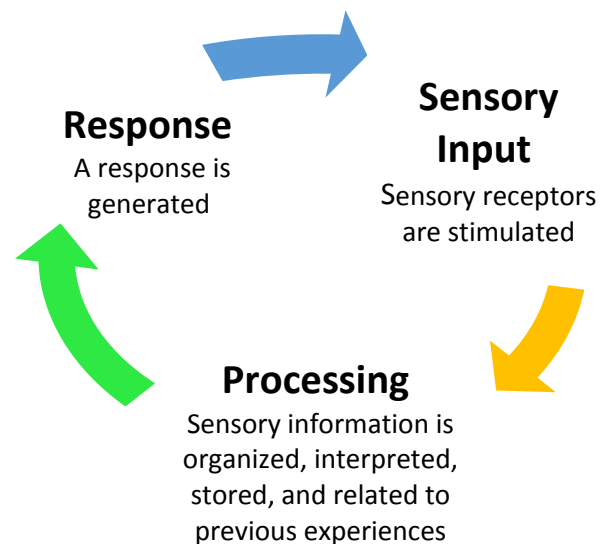
All About Sensory Processing Disorder

So what is Sensory Processing Disorder?

- Sensory Processing Disorder (SPD) is also known as Sensory Integration Disorder or Sensory Integration Dysfunction.
 - Our senses give us information needed to function in everyday life
 - Those with SPD do not have the ability to use this information effectively in order to interact and function in their environment

What are the different categories of Sensory Processing Disorder?

1. Over-responsivity – a hypersensitivity to all stimuli around with an inability to filter out unimportant vs. important information
2. Under-responsivity – a less intense reaction to sensations and a need for greater stimulation to achieve regular arousal or alertness
3. Sensory Seeking-Some children can have different struggles with different senses (for example: they may be over-responsive to sound but under-responsive to tactile experiences)



How long will OT take?

- There is no real timeline for services because children are HUMAN!
 - All humans grow and develop differently, even with OT services. Remember- your sensory child's behavior isn't a choice. It's their attempt to regulate themselves in a body that isn't processing sensory input effectively.

While children cannot outgrow SPD, they (and you!) can learn coping skills, activity and environmental modifications, and individualized strategies to make them the most independent and successful child they can be.
