



Fine Motor Developmental Milestones

While all children develop in different ways and master skills at different times, we understand that you may have questions about where your child's fine motor skills should be! The following is a general sampling that we use here at Positive Steps.

Six to Eleven Months Old

- Pick up small objects using a raking motion
- Waves bye-bye
- Tears paper
- Pokes with index finger
- Bangs two cubes held in hands
- Puts objects in and out of container
- Picks up string with thumb and index finger
- Bangs small object on table

Twelve to Seventeen Months Old

- Turns thick pages
- Holds toy in one hand as other hand uses it
- Holds 2 small objects in one hands
- Points at desired objects with index finger, keeping thumb and other finger close to palm
- Scribbles spontaneously
- Makes a stack of 2 block

Two Years Old

- Imitating horizontal lines (on paper or chalkboard)
- Imitating vertical lines (on paper or chalkboard)
- Holding and drinking from open cup independently
- Imitating simple block designs
- Stringing 2 beads
- Fits shapes into shape sorter independently
- Picking up object with pincer grasp
- Turning doorknobs/unscrewing jars

Three Years Old

- Turns pages of a book
- Unbuttons, unsnaps, unzippers
- Move individual fingers to count 1-10
- Copies vertical, horizontal, and circles
- Uses fork and spoon independently
- Open/close child scissors with one hand to snip paper
- Holds crayons with thumb and fingers, not fist
- Strings at least 4 beads
- Begins to establish hand dominance

Four Years Old

- Stacks tower of 10 blocks
- Remove and put on shoes, socks, coat, pants, and gloves/mittens
- Zip, snap, and button (medium and large size)
- Draws a person with 2-4 body parts
- Begins to copy diagonal lines, square, and cross
- Cut across a piece of paper and begin to cut along a thick line
- Grossly color one object with some attempt to stay in the lines